



Seminar

The kind of doctors we want to produce: Patient centred medical approach

Professional development for staff web meeting

December 12, 2020 10.00-13.00

Rationale: The course of Moral Philosophy, together with the Rector's Office and the Head of Faculty of Medicine, has organised this seminar designed for teachers and students. The rubric for this seminar is to share the concept that we would like future graduating doctors to have a conscious awareness that their professional life will be devoted to the patient's interests. This is not a formal statement, such as that which we can take from the Hippocratic oath, but rather a daily way in which patients are presented to our students through our teaching courses.

We wish to share the ideal that students, who graduate from our course, do so with an ethical awareness learned by and from all staff in all areas of medicine.

Patients take a route that allows them to meet all types of hospital or clinical staff; each of these members of staff should have an ability to ethically consider the patient at the centre of care. Each member of a team a patient needs should carry the ideal that the patient is the number one goal.

At the beginning of their medical course, students do not have an awareness of what or who a 'patient' is. Therefore, the teaching topics they take during the first few years, do not touch upon this subject. The vision of the centrality of the patient is not only a matter for clinicians, but of all the teachers of medical sciences, independently from the direct contact with the patient. For example, a radiologist knows that behind an x-ray there is a patient who must be respected and listened to.



We divided our work into four subjects, which considered the problem of the centrality of the patients from different points of view.

In group one: #HelloMyNamels, we must reflect on the reciprocal role of the Doctor and Patient, whose relationship is regulated by a contract. We will strongly highlight the respect for patient's thoughts and psychological reactions to the disease and the words of the doctor. We want to remind Doctors of the importance of communication.

In group two: Patient Satisfaction, we will try to identify what a patient is waiting for from the sanitary system. We will analyse the reasons for satisfaction and dissatisfaction, remembering that the main wish of the patient is to feel safe in the hands of the Doctor, whilst feeling constantly reassured.

In group three: The Human Touch, Technology, and Artificial Intelligence

Medicine is rapidly changing and we recently realised how important digital medicine is. We had an exponential increase during the pandemic of the research of technologies allowing the patient to be examined from a distance. This was a clear tendency during the last few years, allowing discussion for the need for human contact and the role of technology and artificial intelligence. From one side, we can have more precise and efficient performance using AI, with the danger of losing the human touch, therefore we must teach our students that technology and artificial intelligence are means and not objectives of the medical profession.

In group four: An Ethical vision in an evolving global health context

UniCamillus University is a perfect example of a global health context where many different backgrounds are blended, producing a positive cultural contamination. Taking inspiration from this situation, the discussion will be on the different approaches to the patients in different contexts: there is no one-size-fits-all solution but many tailored approaches. Finally, we will analyse new factors- (including but



not limited to) economic, social and environmental- that co-exist with health. Within this framework we aim to discuss the new WHO agenda, SDGs and Human Rights.

Structure and methodology:

The seminar is divided into 4 working groups of ten people within each group.

Each group will discuss different subjects for one hour, moderated by two coordinators.

Group coordinators will be pre-chosen.

We have prepared a range of points to be discussed in each group and so have asked the coordinators to collect the opinions of the participants. The aim is to create a discourse together, resulting in a shared statement of the group, to be reported in the final plenary session by the coordinators. During this plenary session, a short further discussion will be allowed and all collected materials will be the subject of a possible UniCamillus release.

The entire event will be recorded.

Programme:

PLENARY SESSION.

10.00- 10.15 Opening speech by the Rector

10.15-10.30 Keynote speech: Covid and social inequalities

10-30-10.40 Explanation of the method for the Seminar

10.50-12.00 4 contemporary groups, in 4 virtual rooms

1. Group one: #HelloMyNamels



- Who is the doctor and who is the patient?
- In the head of the patient
- A physician's word might be more powerful than we realise
- Always listen to the patient: they might be telling you the diagnosis (patient doctor communication time)

2. Group 2: Patient Satisfaction

- Trying to identify the most important reasons for patient dissatisfaction and satisfaction

3. The Human Touch, Technology, and Artificial Intelligence

- Pros and cons of Artificial Intelligence e.g Medical apps
- Demonstration – debate: Will AI substitute doctors?
- The doctor of the future (Ipad Doctor)

4. An Ethical vision in an evolving global health context

- Medicine and social inequalities
- Medicine and religion
- Medicine and gender

12.00-13.00:

Plenary Session

Representatives of each group will report in a quarter of an hour, the conclusions of the group with possible further discussion of ten minutes per subject.

Final ten minutes:

Concluding remarks